

Family Caregiver Support Programs Arrowhead Region

Funded with Federal Older Americans Act or State of MN Community Service /Service Development Funds

The following programs offer assistance to caregivers who are routinely providing unpaid care for a frail elderly family member, neighbor or friend. Most services are offered on a contribution or sliding fee scale basis.

This is not intended to be an all inclusive list of services available to support caregivers in NE Minnesota. For information regarding other services contact the Senior Linkage Line at 1-800-333-2433.

PROGRAM	CAREGIVER SUPPORT SERVICE
STATEWIDE	SERVICE
<u>Senior LinkAge Line™</u> 1-800-333-2433 www.minnesotahelp.info	Connection to information and resources including health insurance counseling, respite care, personal and in-home services, meals, transportation and more.
AITKIN COUNTY	SERVICE
<u>Angels Living at Home Block Nurse Program</u> 7 S. Maddy Street McGregor, MN 55760 218-768-2762 Service Area: McGregor	In-home Respite (non-medical) Group Education
<u>Aitkin County Public Health and Human Services Respite Program</u> Tricia Martin - Coordinator 204 First Street NW Aitkin, MN 56431 218-927-7206 sail@mlecmn.net Service Area: Aitkin County	In-home Respite (non-medical) Support Groups Group Education

CARLTON COUNTY	SERVICE
<p><u>Carlton County Public Health Caregiver Support and Ed. Program</u> Kristine Dwyer Caregiver Consultant 30 10th Street Cloquet, MN 55720 218-878-2893 kristine.dwyer@co.carlton.mn.us Service Area: Carlton County</p> <p><u>Volunteer Services of Carlton County, Inc. DayBreak Respite Program</u> Jill Hatfield, Director 1219 14th Street, Suite D Cloquet, MN 55720 218-879-9238 jhatfield@vscci.com Service Area: Carlton County</p>	<p>One to One Caregiver Consultation Support Groups Group Education</p> <p>In-home and Group Respite (non-medical)</p>
COOK COUNTY	SERVICE
<p><u>Cook County In-home Support Program</u> Martina Schoettmer 411 West 2nd Street Grand Marais, MN 55604 218-387-3620 martina.schoettmer@co.cook.mn.us Service Area: Cook County</p>	<p>In-home Respite (non-medical) Referral to Support Groups Home-making</p>
ITASCA COUNTY	SERVICE
<p><u>Eldercircle</u> Jannifer Johnson –Respite Coordinator 10 NW 5th Street Grand Rapids, MN 55744 218-327-1634 jannifer@eldercircle.org</p> <p>Penny O’Brien –Caregiver Consultant/ADS 218- 326-9163 penny@eldercircle.org Service Area: Itasca County</p>	<p>Consumer Directed Respite Support Group Group Education</p> <p>One to One Caregiver Consultation</p>

KOOCHICHING COUNTY	SERVICE
<p><u>Koochiching County Caregiver Support Program</u> Diane Windsnes-Caregiver Consultant 1000 5th Street International Falls, MN 56649 218-283-7030 diane@kootasca.org Service Area: Koochiching County</p> <p><u>Northstar Hospice</u> Robin Ramquist– Coordinator 900 3rd Street International Falls, MN 56649 218-283-3031 Rramqui1@range.fairview.org Service Area: Koochiching County</p>	<p>One to One Caregiver Consultation Group Education Support Group</p> <p>In-home Respite (non-medical) Support Group Group Education</p>
LAKE COUNTY	SERVICE
<p><u>Community Partners</u> <u>LAH/Block Nurse Program</u> Linda Kinnunen-Respite Coordinator and Caregiver Consultant 505 First Avenue, Rm 102 Two Harbors, MN 55616 218-834-8024 commpartlinda@frontiernet.net Service Area: Two Harbors</p> <p><u>North Shore Area Partners</u> <u>LAH/Block Nurse Program</u> Tina Wall, Caregiver Consultant Rm 21 - 99 Edison Blvd. Silver Bay, MN 55614 218-226-3635 Tina@nsap.org Service Area: Silver Bay, Finland, Beaver Bay, Little Marais</p>	<p>One to One Caregiver Consultation Support Group Group Education Respite</p> <p>One to One Caregiver Consultation Support Group Group Education Respite</p>
ST. LOUIS COUNTY	SERVICE
<p><u>Floodwood Services and Training</u> <u>Caregiver Support Program</u> Donna Tracy and Heather Matney 601 Ash Street Floodwood, MN 55736 218-476-2230 dtracy@fst2b.org , Service Area: Floodwood, Meadowlands, Brookston</p>	<p>One to One Caregiver Consultation Respite –Adult Day Program Group Education</p>

<p>St. Louis County (cont.)</p> <p><u>Lutheran Social Services Respite Program</u> Peg Kirsch-Lee -Coordinator 315 Ridgewood Road Duluth, MN 55804 218-724-0648 plee@lssmn.org Service Area: Duluth</p> <p><u>Northwoods Hospice/ Respite Partners</u> Lisa Porthan, Caregiver Consultant PO Box 51 Ely, MN 55731 218-365-2300 northwoodshrp@frontiernet.net Service Area: Ely, Babbitt, Tower</p> <p><u>Range Mental Health Older Adult/Chronic Care Services</u> Wm. J. Bell Bldg -504 1 St. Street North Virginia, MN 55792 218-741-4714 (Office) Molly Josefson-Caregiver Consultant 218- 780-9591 (Cell) mjosefson@rangementalhealth.org Ericka Coombe-Caregiver Consultant 218-780-4166 (Cell) ecoombe@rangementalhealth.org Service Area: Iron Range Communities</p> <p><u>Range Respite, Inc.</u> 1309 20th Street South Virginia, MN 55792 218-749-5051 (office) Harry Grinage-Caregiver Consultant 218- 290-9163 (Cell) hgrinage@rangerespice.org Linda Kolocek – Respite Coordinator lkolocek@rangerespice.org Service Area: Iron Range Communities</p> <p><u>Arrowhead Area Agency on Aging Care Consultantation</u> 221 West First Street Duluth, MN 55802 Mary Hellman, Care Consultant 218-529-7522 mhellman@ardc.org</p>	<p>In-home and Group Respite (Non-medical) Group Education</p> <p>In-home Respite (non-medical) One-to one Caregiver Consultation</p> <p>Respite –Adult Day Program One to One Caregiver Consultation Group Education</p> <p>One to One Caregiver Consultation Respite: In-home, Respite House, Hospital Based Group Education One to One Training and Education</p> <p>One-to –One Care Consultation Group Education and Support Groups</p>
---	--

Service Area for Care Consultation: Duluth Area	SERVICE
FOR DEMENTIA CARE (Northern MN)	One to One Care Consultation
Alzheimer's Association – Northern Regional Office	One to One Education
Esther Gieschen, Director	Group Education
2002 West Superior Street, Suite #2	Support Groups
Duluth, MN 55806	
esther.gieschen@alz.org	
218-733-2560	

For a complete list of Adult Day Programs in NE MN go to: www.madsa.org