

We're here to help.

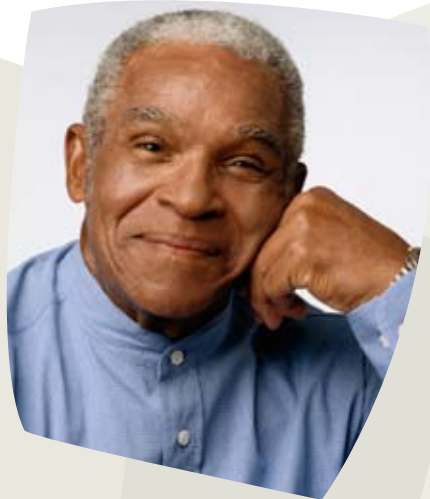
Does someone you care about need help with meals, bills, personal care, medical appointments or medications?

Do you have questions about what services are available to you or your loved one?

You are not alone.

You are one of thousands of Minnesotans who face these issues everyday.

Contact a Care Consultant today to find the information and services that can make it easier to help the person you are caring for.



Call today for more information about Care Consultant Services.

- The Senior LinkAge Line®
1-800-333-2433
- or
- 1-218-529-7522



**Arrowhead Area
Agency on Aging**

221 West First Street
Duluth, MN 55802
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*A division of the
Arrowhead Regional
Development Commission*



**Arrowhead Area
Agency on Aging**

Care Consultant Services

Providing support to older adults and their families



Care Consultant Services

The Care Consultant assists older adults to live as independently as possible. Consultants work with the individual and family, in person or over the phone, to identify and choose services that meet their unique circumstances. A plan will be developed for providing care, assist with problem solving, link caregivers and their loved ones to community services and offer other forms of support.

Do you have concerns about senior care?

- How can I make arrangements for someone to care for my mom while I am at work?
- How can I find someone to help me at home? I just can't manage anymore.
- How can I find someone to help bathe my husband?
- How can I determine if my dad should move now that he no longer can live independently?
- My aunt was just diagnosed with Alzheimer's disease. As her caregiver, how should I plan with her for the future?

Individuals or families seeking help for themselves or a loved one often have these or similar questions.



How can a Care Consultant help me?

A Care Consultant can:

- Conduct assessments to identify problems and need for services.
- Create a customized plan of care.
- Arrange services and respond to changing needs.
- Act as a link to families at a distance.
- Find convenient flexible help for "sandwich-generation" caregivers.
- Provide compassionate, knowledgeable advocacy.

How is this service provided?

Your needs are our priority. The Care Consultant can meet with you in your home, by telephone, email, or in our office.



What is the cost of Care Consultant Services?

Currently these services are supported by grants through the Minnesota Department of Human Services.



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