

For electronic copies visit HealthyAgingMatters.info

Bulletin Inserts – Healthy Aging Matters

Run the weekend of June 1

“Healthy Aging Matters”, a free health and wellness fair for those ages 50+, will be held in two weeks. Because healthy aging matters there will be over five different types of screenings offered to identify potential health problems early. Mark you calendars now for Wednesday, June 18th, 9 a.m. – 1:30 p.m., Peace In Christ Lutheran Church, Hermantown (5007 Maple Grove Rd.) For more details visit HealthyAgingMatters.info .

Run the weekend of June 8

Because Healthy Aging Matter, plan to attend an upcoming health and wellness fair to learn about nutrition, exercise and staying in your home longer and to take part in free screenings. “Healthy Aging Matters”, a free health and wellness fair for those ages 50+. Mark you calendars now for Wednesday, June 18th, 9 a.m. – 1:30 p.m., Peace In Christ Lutheran Church, Hermantown (5007 Maple Grove Rd.) For more details visit HealthyAgingMatters.info.

Run the weekend of June 15

“Healthy Aging Matters”, a free health and wellness fair for those ages 50+, will be held this Wednesday (June 18th). To continue a healthy lifestyle, come to be screened for common health issues and to attend workshops aimed at healthy aging. For more details visit HealthyAgingMatters.info . June 18th, 9 a.m. – 1:30 p.m., Peace In Christ Lutheran Church, Hermantown (5007 Maple Grove Rd.)

Over for CUT AND PASTE

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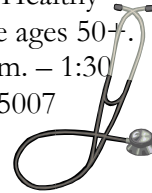
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