

Non-profit Providers

Offer Guidance, Advice and Connection to Resources for Family Caregivers and Older Adults To Help Older Adults Age Well at Home

Northeast Minnesota

KEY:

- 1 Trained to assist FAMILY CAREGIVERS and other informal caregivers with assessing needs, problem solving, care planning and connection to resources. (Caregiver Consultant)
- 2 Trained to assist OLDER ADULTS with assessing risks and needs, problem solving, care planning and connection to resources through the Live Well at Home service model. For more info on Live Well at Home go to <http://www.mnlivewellathome.org/>
- 3 Trained to Assist older adults to HIRE THEIR OWN HELP through connection to fiscal support entities (Self-Directed Services).

AITKIN COUNTY

Tricia Martin 1, 2, 3
Callie Taylor 1, 2, 3
 Aitkin County CARE
 20 Third Street NE /PO Box 212
 Aitkin, MN 56431
 218-927-1383
careprograms@gmail.com
Calliecare@gmail.com

Carlton County – Cont.

Sue Chapin 1, 2, 3
 Volunteer Services of Carlton County
 199 Chestnut Ave., Suite 3 /PO Box 450
 Carlton, MN 55718
 218-879-9238
schapin@vscci.com

CARLTON COUNTY

Kristine Dwyer 1, 2, 3
 Volunteer Services of Carlton County
 199 Chestnut Ave., Suite 3 /PO Box 450
 Carlton, MN 55718
 218-879-9238
 218-393-7003 (cell)
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COOK COUNTY

Marnie Hovland 1
 Care Partners of Cook County
 North Shore Health Care Foundation
 Sawtooth Mountain Clinic, 501 W. 5th Street
 218-387-3787
RNcarepartners@boreal.org

Cari Terrio-Johnson 1
 Volunteer Services of Carlton County
 199 Chestnut Ave., Suite 3 /PO Box 450
 Carlton, MN 55718
 218-879-9238
cjohnson@vscci.com

ITASCA COUNTY

**Linda Barth, Carrie Heikkila, Rinna Waters and
Amanda Wheelock** 1
ElderCircle
400 River Road Suite #1
Grand Rapids, MN 55744
218-999-9233
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carrie@eldercircle.org
rinna@eldercircle.org
amanda@eldercircle.org

KOOCHICHING COUNTY

Gary Kaunonen 1
Koochiching Aging Options
1000 Fifth Street
International Falls, MN 56649
218-283-7030
Gary.Kaunonen@co.koochiching.mn.us

LAKE COUNTY

Mary Aijala 1, 2
North Shore Area Partners
Living At Home Program
99 Edison Blvd., Room 21
Silver Bay, MN 55614
218-226-3635
Service Area: **Silver Bay, Beaver Bay, Finland, Isabella,
Little Marais**
Mary@nsapartners.org

Linda Kinnunen 1, 2
Community Partners Living At Home Program
505 1st Ave., Two Harbors, MN 55616
218-834-8024
Service Area: **Two Harbors Area**
commpartlinda@frontiernet.net

ST. LOUIS COUNTY – Excluding Duluth Area

Lisa Porthan 1, 2
Northwoods Partners
328 W. Conan Street, Ely, MN 55731
218-365-8019
Service Area: **Ely, Babbitt, Tower**
northwoodshrp@gmail.com

ST. LOUIS COUNTY – Excluding Duluth Area (Cont.)

Donna Tracy and Stacy Stevens 1
Floodwood Services and Training
601 Ash Street, Floodwood, MN 55736
218-476-2230
Area: **Floodwood, Meadowlands, Brookston, Cromwell
and Surrounding Areas**
dtracy@fst2b.org, sstevens@fst2b.org

Ericka Coombe 1
Range Respite, Inc.
1309 20th Street South, Virginia, MN 55792
218-749-5051
Service Area: **Iron Range Communities**
ecoombe@rangerespite.org

St. LOUIS COUNTY – Duluth Area

Emma Shepard (effective 11/2/15) 1, 2, 3
Age Well Arrowhead
Allworth Building
306 West Superior St, Suite 10
Duluth, MN 55802
218-623-7807
emmas@agewellarrowhead.org

REGIONAL RESOURCES –Key does not apply

Jenna Herbig, Program Manager and Family Memory
Care Consultant
Alzheimer’s Association
525 S Lake Ave. Ste. 214
Duluth, MN 55802
jherbig@alz.org
218-722-4335
Help Line 1-800-272-3900

Senior LinkAge Line®
1-800-333-2433
www.MinnesotaHelp.info™

Prepared by Arrowhead Area Agency on Aging
Questions?
Contact Cindy Conkins at cconkins@ardc.org or 218-529-7542

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